

SESSION 8

Slide 1: Working title: “Match-fixing Education & Training Tool”

FIX THE FIXING

Working title: “Match-fixing Education & Training Tool”

July 2017



Co-funded by the
Erasmus+ Programme
of the European Union

Slide 2: Social pressure: How can you resist to match fixing?

FIX THE FIXING

Social pressure: How can you resist to match fixing?

- Discuss examples where the participants felt social pressure in sport or everyday life and how they reacted.



FIX THE FIXING – Education Tool

Co-funded by the Erasmus+ Programme of the European Union

2

Introduction to the topic of social pressure. Explanation of the approach adopted in the model.

This is a warm-up phase and specific teaching materials are not relevant.

Tutors should give general information about social pressure and the need to learn how to resist to these pressures.

Focus on the need to identify instances of social pressure and how participants reacted.

Ensure that all participants can ask questions and know what the project is all about.

Slide 3: Social pressure: How can you resist to match fixing?

FIX THE FIXING

Social pressure: How can you resist to match fixing?



Discuss about the types and the sources of social pressure that lead to match fixing.

Blackboard –marker: The tutor writes down the most popular responses of the participants.

Tutors should foster discussion on the sources of social pressure. Prompt for as many sources as possible.

The tutor should initiate a discussion and bring participants on board by facilitating an interactive discussion on the touching points of the participants concerning the topic match-fixing.

Slide 4: Social pressure: How can you resist to match fixing? - Questions

FIX THE FIXING

Social pressure: How can you resist to match fixing?



Why some people are not able to resist social pressure for match fixing?



What characteristics have the persons who can't say no?

It should be noted that some people give in to social pressure, even when they are aware of the consequences.

Blackboard –marker: The tutor writes down the most popular responses of the participants.

Tutors should foster discussion on characteristics of the people. Prompt for as many characteristics as possible. Focus on the fact that people can overcome these limitations and can change their behaviour.

Ensure that all learners are involved in the discussion and ask them to reflect on their own experiences to provide input to the discussion.

Slide 5: Social pressure: How can you resist to match fixing? - Your choices!

FIX THE FIXING

Social pressure: How can you resist to match fixing?

- Your choices!

What can you do when experiencing social pressure situations?



Slide 6: Social pressure: How can you resist to match fixing? – Say No to social pressure!

FIX THE FIXING

Social pressure: How can you resist to match fixing?

I SAY
NO

Say No to social pressure! Support your point of view!

- Read the ways to do it!
- See the material:

[ASSERT YOURSELF!](#)



Read the instructions of how to say no.

(<http://www.cci.health.wa.gov.au/docs/Assertmodule%206.pdf>). Initiate discussion and ask participants about the importance of assertiveness.

Slide 7: Social pressure: How can you resist to match fixing? – What skills someone need to acquire to be able to resist social pressure?

Social pressure: How can you resist to match fixing?

- What skills someone need to acquire to be able to resist social pressure?

- *Refusal Skills*



- *Assertiveness skills*

