

Needed to gamble with increasing amounts of money in order to achieve the desired excitement?	Yes No
2. Felt restless or irritable when attempting to cut down or stop gambling?	Yes No
3. Made repeated unsuccessful efforts to control, cut back, or stop gambling?	Yes No
4. Often been preoccupied with gambling, such as reliving past gambling experiences, handicapping or planning the next venture, or thinking of ways to get money with which to gamble?	Yes No
5. Gambled when feeling distressed in some way, such as anxious, stressed, lonely, guilty, or depressed?	Yes No
6. After losing money gambling, returned another day to get even or "chase" your losses?	Yes No
7. Lied to conceal your gambling?	Yes No
8. Jeopardized or lost a significant relationship, job, or school or career opportunity because of gambling?	Yes No
9. Relied on others to provide money to relieve a desperate financial situation caused by gambling?	Yes No
<p><b>Interpreting the score:</b>  <b>4 to 5:</b> Indicates a MILD gambling problem  <b>6 to 7:</b> Indicates a MODERATE gambling problem  <b>8 to 9:</b> Indicates a SEVERE gambling problem</p>	