

SESSION 2

Slide 1: Working title: “Match-fixing Education & Training Tool”

FIX THE FIXING

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Slide 2: Gambling and Betting

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Gambling and Betting

Perceptions Information Involvement Knowledge

➤ What do you know about betting and gambling?

➤ Do you gamble?

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Introduction to the topic of betting and gambling. Explanation of the approach adopted in the module.

This is a warm-up phase and specific teaching materials are not relevant.

The tutor should initiate a discussion and bring participants on board by facilitating an interactive discussion on the touching points of the participants concerning the topic match-fixing.

Ensure that all learners are involved in the discussion and ask them to reflect on their own experiences to provide input to the discussion.

Slide 3: Gambling and Betting

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Gambling and Betting

"Gambling/Betting addiction is the pathological overconsumption of gambling/betting."

- Let's make a test:



How to:

For “Definition”:

Before you display the definition itself, interactively ask your audience/discuss with your audience how the definition looks like/let them develop a definition in a 3-5 minutes self-study approach;

Work on a joint outcome of the definition;

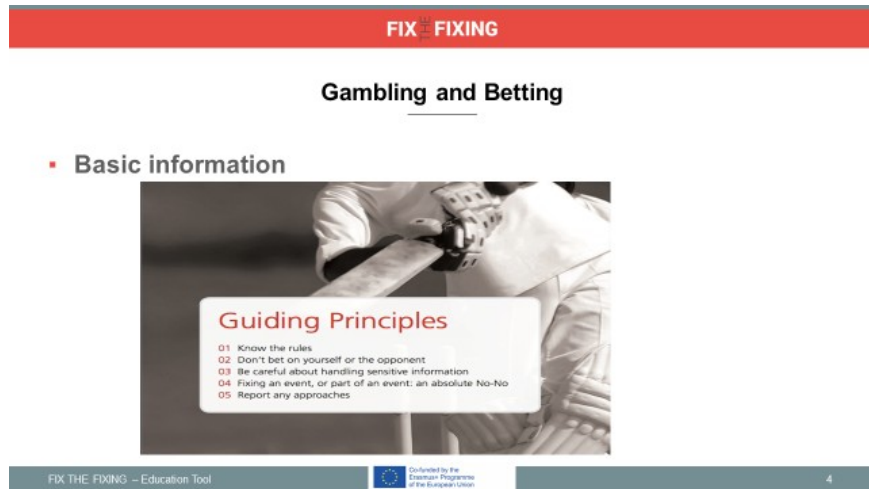
For “Let’s make a test”:

Responsible Gaming: Click and go to website!

Make the test with the learners/participants either in a group approach or in a single approach (if devices are available);

Discuss the outcome!

Slide 4: Gambling and Betting-Basic Information



The slide features a red header with the text "FIX THE FIXING". Below the header, the title "Gambling and Betting" is centered. A bullet point "Basic information" is followed by a photograph of a cricketer in a white uniform. Overlaid on the photograph is a white box with the heading "Guiding Principles" and a list of five items: 01 Know the rules, 02 Don't bet on yourself or the opponent, 03 Be careful about handling sensitive information, 04 Fixing an event, or part of an event: an absolute No-No, and 05 Report any approaches. At the bottom, a dark grey footer contains the text "FIX THE FIXING – Education Tool", the European Union logo with the text "Co-funded by the Erasmus Programme of the European Union", and the number "4".

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Gambling and Betting

- Basic information

Guiding Principles

- 01 Know the rules
- 02 Don't bet on yourself or the opponent
- 03 Be careful about handling sensitive information
- 04 Fixing an event, or part of an event: an absolute No-No
- 05 Report any approaches

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Tutors should give general information.

Ensure that all participants are involved in the discussions. Ask them to discuss their emotions, feelings and thoughts that were generated while watching material.

Slide 5: Gambling and Betting- Addiction

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Gambling and Betting

- **Addiction: In which cases gambling is uncontrolled and leads to addiction?**

Fill in the questionnaire to see if you are addicted.

1. Needed to gamble with increasing amounts of money in order to achieve the desired excitement?	Yes No
2. Felt restless or irritable when attempting to cut down or stop gambling?	Yes No
3. Made repeated unsuccessful efforts to control, cut back, or stop gambling?	Yes No
4. Often been preoccupied with gambling, such as rereading past gambling experiences, handicapping or planning the next venture, or thinking of ways to get money with which to gamble?	Yes No
5. Guilted when feeling distress in some way, such as anxious, stressed, tense, guilty, or depressed?	Yes No
6. After losing money gambling, returned another day to get even or "chase" your losses?	Yes No
7. Lied to conceal your gambling?	Yes No
8. Jeopardized or lost a significant relationship, job, or school or career opportunity because of gambling?	Yes No
9. Relyed on others to provide money to relieve a desperate financial situation caused by gambling?	Yes No

Interpreting the score:
 4 to 5: indicates a MILD gambling problem
 6 to 7: indicates a MODERATE gambling problem
 8 to 9: indicates a SEVERE gambling problem

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Tutors ask participants to fill in and score the questionnaire. Then ask participants to discuss their scores and when gambling is getting uncontrolled.

Ensure timekeeping by equally distributing time for group discussions among learners or groups.

Slide 6: Gambling and Betting-Practical tips

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Gambling and Betting

- Practical tips

➔ What does an athlete need to do to avoid gambling?

- Surround yourself with people who can support you
- Avoid tempting environments and websites
- Give up control of your finances (at least at first)
- Find healthy activities to replace gambling

Tutors offer examples of tips of how to avoid gambling. Discuss these tips and prompt participants to suggest others. Use if-then plans to demonstrate how a gambling behavior can be replaced with another one.

Slide 7: PERSPECTIVE OF GAMBLING/BETTING ADDICTION-Michael Jordan case

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PERSPECTIVE OF GAMBLING/BETTING ADDICTION

- **Michael Jordan case:**

Michael Jordan's first retirement from basketball in 1993 was not an actual retirement, but a secret forced suspension brought on by his excessive gambling habit. Prior to winning his third NBA Championship, Jordan was spotted gambling in an Atlantic City casino the day before an Eastern Conference final game against the New York Knicks, and had paid two childhood friends a combined \$165,000 in gambling losses accrued on the golf course and the card table.

- What makes a successful athlete addicted to gambling and betting? Is it money?
- Can gambling and betting put at risk an athlete's career?

How to:

For “Michael Jordan case”:

Explain and discuss the case;

For “Discuss the following”:

Search for feedback from your audience;

Make it clear that gambling/betting will sooner or later put an athlete's career at risk; Make reference to the 4 steps of manipulation and again explain the risk of being extorted by criminals/organised crime;

Also make it clear that your suggestion is as follows:

“Don't bet (at least) on your own sport!”